SAFETY NEWSLETTER

## **BEING A SAFE PERSON**

January 2020

When you read this, it will be a new year – 2020. We will not address "resolutions" as we all know how those plans, more often than not, don't work out. What we do want to talk about is your commitment to be safe. We know being "safe" is a pretty broad subject, but we believe ALL of us need to approach life with a "safety" attitude.

The primary audience of this newsletter is the professional driver, but a new year is a great time for all of us to examine our lives and how we live them with respect to being safe. The usual items we cover throughout the year need to be on the list, such as:

- Driving defensively to protect other drivers we share the road with
- Complying with the regulations and rules of our country to protect our license privileges, especially so for professional drivers who earn their living by way of having a license to drive in commerce
- Avoiding injury to be able to perform the duties of our work AND to be able to enjoy our home time and families
- Avoiding crashes, despite the actions or possible errors of other drivers
- Taking the time to be good "ambassadors" of the transportation community
- Trying to improve yourself and be a better person and professional driver
- Avoiding complacency, staying sharp and focusing on living and driving safely.

The real message is to invest time and effort towards being a good person. If you approach life and work with a good, safe attitude you will find your days are more fulfilling and less stressful.

To be a "safe person" you should take time to examine the areas noted above and ALL parts of your life. No one ever starts a day by anticipating they might have trouble, but a professional driver and safe person must be prepared for things that MIGHT not go well and make adjustments to help everyone be safe.

A professional driver takes on much more daily responsibility than a regular driver. We often hope that the regular drivers we service in the transportation industry will give the respect a professional driver needs and deserves to help us deliver the goods services our nation needs to live and comfortably and safely. Unfortunately, we see examples of how this doesn't happen everyday out on the road.

Examine your commitment to be a "safe person" as we start a new year. Making the commitment to be safe will make your life easier and just might influence someone to improve their approach to being safe and help them accomplish whatever they choose in 2020.



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